

Social & Recreational

Birthday Party Group

As word spreads, Challenge4Change is also becoming a popular destination for active parties and social groups. In December, the centre hosted a birthday event for 20 young people, with the organisers putting on a special programme of activities to enthuse, challenge and exhilarate the group into trying something new!

Surprising themselves!

Although some of the guests seemed a little over-awed by the centre's aerial course when they arrived, they soon amazed themselves by rapidly building in confidence and quickly moving onto activities and 'stunts' that they would have never imagined themselves doing only a short while earlier!

The 'birthday girls' parents explained how much of a success the party was...

"There was a lot of talk about the party when the girls got to school on Monday – about who leapt the easiest from the platform... and how many crates they managed! I know some of the girls would never have attempted to go up to the platform let alone jump if they hadn't felt in safe and capable hands, and they all had a visible sense of achievement on their faces."

The adults were also intrigued by how enthused the group were by the famous 'tyre lot' - a challenge which involves working as a team to get from one end of a huge pile of tyres, to the other... guaranteed to provide immense fun and some great team-working lessons along the way! One parent said:

"In today's environment where kids can grow up too quickly, it goes to show that given the opportunity at heart they still just like to have fun with some basic materials. Not sure how Father Christmas will deliver a pile of tyres down the chimney though!"

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Parent



One group returns...

Due to the size of the group, one party didn't get to go on the aerial trek, so Challenge4Change invited them back to have their turn! The girls' parents said:

"We'd like to thank the Centre for staying open last night and making sure we got to experience the aerial ropes! The girls know they've achieved something, but it's more about the fun and the activity itself at their age, which is nice as there's plenty of time to be far too serious as an adult! The true benefit of what they have done will show later, when if they get a bit fearful they can draw on what they've achieved."

About Challenge4Change

Challenge4Change is a registered charity that provides learning through fun to make a real difference. We teach effective communication skills and team skills, inspire confidence and motivate.

Our coaches are our main asset and we offer the only indoor training centre of its kind in the North of England, combining training facilities with a 13 station aerial runway over 35 feet off the ground, a high ropes training course and a low level obstacle course. We are based in the former Tate & Lyle building and have given this important old industrial building a new lease of life.

