

Mark Faccenda  
Challenge for Change  
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Dear Mark

### 4CT Girls Group Visit 9/12/09

4CT is a youth and community development charity based in East Manchester. Our girls group came to C4C because the participants had asked for 'risky' and 'life-threatening' activities. At C4C we did a range of team building and physical tasks, followed by a circuit of the 13 stage aerial challenge. The girls, aged 12 to 17 loved every minute and by the end of the session were tired but exhilarated.

The first comment was 'loved it - when can we go back?' Chelsea aged 17

Kelsey aged 12 said ' I was scared at first to try things but now I know I can do it'

I'm sure the girls will still be talking about it for months to come - I'd have no hesitation in recommending the centre , whether a group want a team-building or bonding experience or just a fantastic, fun challenge, and best of all its all indoors so not dependant on our British weather!

Thanks again



Claire

Claire Evans  
Chief Executive, 4CT Limited

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